



Tuesday
April 9,
2013



Speaker:
Gary Wortz, MD,
FACP, Internal &
Geriatric
Medicine

What is Geriatric Delirium?

LOCATION:
CentraCare at
BURNHAM
BROOK

AGENDA:
* **5:30 P.M. -**
CCMS Executive
Committee
(CentraCare Butterfly
Room)

* **6:00 P.M. - 6:30**
Social/Networking
(Angela Wiseley
Room upstairs)
* **6:30 P.M.**
Dinner/Presentation
(1 CME)
(Angela Wiseley
Room upstairs)

MENU:
Buffet with vegetarian
option

1-CME OBJECTIVES

- ◆ How to recognize and diagnose delirium;
- ◆ The predisposing or precipitating risk factors for delirium in elderly patients;
- ◆ How to evaluate and treat elderly patients with delirium; and
- ◆ Interventions to prevent delirium.

◆ **TOUR OF**
CENTRACARE

ABOUT THE SPEAKER
Gary J. Wortz, MD,

FACP, is Medical Director of CentraCare in Calhoun and Kalamazoo Counties. CentraCare is a PACE program (Program of All-inclusive Care for the Elderly).

He is Board Certified in Internal and Geriatric Medicine. Dr. Wortz is licensed in Michigan. He graduated medical school from Michigan State University College of Human Medicine while serving his residency at Michigan State University.

Dr. Wortz currently serves as Assistant Professor of Medicine WMed Director of Geriatric Curriculum, Course Director for Geriatrics for Longitudinal Care WMed, and is Director of Comprehensive Senior Care Corporation. He is a Healthgrades Recognized Doctor.

Previously, Dr. Wortz practiced internal medicine with Battle Creek Medical Associates, instituted electronic health records, expanded clinical services to include radiology, and continued as a managing partner after leaving. He developed the first Doppler Echo-

cardiogram laboratory in southwest Michigan, developed a CLIA-approved outpatient clinical Laboratory, and developed Michigan Osteoporosis Center bringing mobile densitometry to five surrounding counties.

Dr. Wortz founded and served as Medical Director of Senior Diagnostic Center of South Central Michigan, served as Medical Director of Mercy Pavilion and Evergreen Manor Skilled Nursing Facilities, founded and served as CEO of Patients Are First (physician's organization and managed care risk pool), and is a current member of the Bronson Battle Creek Board Quality Committee, to name a few.

TARGET AUDIENCE

The target audience for this program is ALL PHYSICIAN MEMBERS OF Calhoun County Medical Society. One (1) hour CME will be offered at this meeting.

Bronson Battle Creek is accredited by the Michigan State Medical Society committee on CME Accreditation to provide continuing medical education for physicians. Bronson Battle Creek designates this educational activity for a maximum of one category 1 toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

This is a non-sponsored meeting. The speaker has no financial affiliations. A

Volume 174, Issue 2

APRIL
2013

CCMS
EVENT
CALENDAR

2013

2nd Tuesday,
6:30pm Meeting
Topics:

Apr. 26-28 @ Amway Grnd	MSMS House of Delegates, The Henry, Dearborn
May 14 @ BCCC	MOVED TO BATTLE CREEK COUNTRY CLUB—Afghanistan Wounds, M. Langworthy, MD (1 CME)
Jun. 11 @ BBC	Executive Committee ONLY @ BBC OPC Board Room
Sep. 10 @ BCCC	Cardiac Stress Testing, Dr. Eliuk (1 CME)
Oct. 8 @ BCCC	S. Winslow, MD Lectureship
Nov. 12	TBA @ Oaklawn

R.S.V.P.
Diane
269.660.0893

(Note
Location
Change for
May meeting)

PRESIDENT'S REPORT



**William J. Comai,
DO**

2013 President,
Calhoun County
Medical Society.
Email: comai-
farms@aol.com

If you have
COUNTY
suggestions,
call me at my
Battle Creek
office phone
(269) 704-3133

Preventing Hip Fractures

I recently had the pleasure of attending the American Academy of Orthopaedic Surgeon's National Meeting held in Chicago this year. One particular display caught my eye. It is a nonprofit organization called 2million2many.org. The intent is to help prevent hip fractures and diagnose osteoporosis on women in their 50s. One of their major premise is that if you fractured a bone from a fall from a standing height and you are in your 50s, you probably ought to be worked up for osteoporosis and plan on getting a DEXA scan.

I would encourage doctors to look up their website as it is an excellent source of handout that can be given out in the office and is a great repository for facts about osteoporosis with the following:

- ◆ Two million bones break annually due to osteoporosis;
- ◆ Half of women up to a quarter of men over age 50 will break a bone due to osteoporosis;
- ◆ Every year 300,000 people break their hip;

one-quarter end up nursing homes; half never regain previous function and a quarter die within the first year after breaking their hip;

- ◆ 50% of osteoporosis-related bone breaks in older adults can be prevented with appropriate treatment; and
- ◆ Most people who have a hip fracture have had a previous fracture somewhere else in their body.

In any event, this is a free campaign that could be very easily instituted in offices in the Calhoun County area and improve our diagnosis and care of osteoporosis. Downloadable PDFs for your office are available from this website under the resources heading with simple patient postcards, osteoporosis posters for the office and healthcare professional fact sheets. There is no reason that every doctor's office in Battle Creek couldn't be a resource for our patients to investigate to help promote early treatment of osteoporosis in our community.

Sincerely,
William J. Comai,
DO

STATE LEGISLATOR CONTACT INFO.:

Michigan 62nd District State Representative Kate Segal-D
Phone toll free
1-888-347-8062
Email: KateSegal@house.mi.gov

Michigan 63rd District State Representative Jase Bolger-D
Phone toll free
1-877-265-4371
Email: JamesBolger@house.mi.gov

Michigan 19th District Senator Mike Nofs-R
Phone
269-441-1222
Email: ILikeMike@MikeNofs.com

FEDERAL LEGISLATOR CONTACT INFO.:

U.S. Senator Debbie Stabenow-R
Phone
1-616-975-0052
Email: senator@stabenow.senate.gov

U.S. Representative 7th District Tim Walberg-D
Phone
1-517-780-9075
Email: <http://walberg.house.gov>

Another way to make your voice heard:

Join MDPAC (Medical Doctor Political Action Committee) **Today!**

- ◆ Contribute
- ◆ Engage
- ◆ Unite
- ◆ Lead at...

<http://www.mdpac.org>

If you have questions, please contact Andrew R. Schepers at (517) 336-7579, or aschepers@msms.org.

BCBSM Will Undertake A Yearlong Transition To Become A Nonprofit Mutual Insurer

Gov. Rick Snyder is greatly applauded for signing bipartisan reform measures modernizing the regulation of Michigan's health insurance market. The law enables the company's board of directors and management to undertake a process of transitioning BCBSM's structure to become a nonprofit mutual insurer.

The Governor signed Senate Bills 61 and 62, which were passed earlier this year with overwhelming majorities in the House and Senate. The reform moves Blue Cross under consistent guidelines with other insurers and sustains BCBSM's nonprofit social mission through contributions of \$1.56 billion from BCBSM over 18 years to a new nonprofit foundation established by the law. Michigan's new fair and balanced regulatory system is critical as the health insurance industry undergoes significant

transformation brought about by federal health reform.

Transition may begin a process that will lead Blue Cross into a new era of service to Michiganders. Blue Cross will remain a nonprofit organization.

BCBSM's nonprofit status, member health care benefits, its physician and hospital networks, and the partnerships it has in place with medical providers to improve health care quality will not change due to its transition to a mutual company.

Subsequently, Blue Cross is cleared of more state regulation, but federal regulation could get in the way of rate increases. The federal Affordable Care Act's 80/20 rule requires that insurance companies spend at least 80 percent of its premium dollars on medical care.

Some seniors and the baby boomers that are entering the Medicare world are worried about higher costs. Medicare is

generally thought of as good medical coverage, but it doesn't cover every health insurance need. That's where Medigap comes in. Blue Cross has been providing that coverage to seniors in Michigan at a subsidized rate. With the new law, Medigap coverage will expire in 2016.

Some experts say many seniors will just go without medical care once that coverage is dropped.

Blue Cross says seniors will be able to buy expanded coverage through their Medicare Advantage program. But since that program is not subsidized the way Medigap is, expenses are higher.

Further legislative updates:

Michigan did not set up an insurance exchange, and will participate in the federal exchange.

*Best regards,
Marjaneh Rouhani,
MD,
Joe Schwarz, MD*

LEGISLATIVE REPORT



Marjaneh Rouhani, MD
CCMS Legislative Co-Chair
Email: mrouhani@doctor.com
Concerns?
Office phone (269) 969-6108



John J.H. Schwarz, MD
CCMS Legislative Co-Chair
Email: jschwarz@FHCB.com
Concerns?
Office phone (269) 965-8866

MSMS THIRD DISTRICT REPORT



**Michigan State
Medical Society**
120 W Saginaw
East Lansing, MI
48823

Main Phone:
(517) 337-1351

Website:
www.msms.org

Email:
msms@msms.org

**Calhoun's MSMS
Member
Consultant,
Gary A. Huyge,**
*will be pleased to
meet with you to
answer your MSMS
membership
questions.
To schedule
a visit, please
contact him at
Phone
616-826-4652
or
Email
GHuyge@msms.org
—or— see him at
our meetings.*

Viviano Appointment Boosts Supreme Court's 'Rule of Law' Majority

Physicians scored a victory in February when **Gov. Rick Snyder** announced his appointment of **Macomb County Circuit Court Chief Judge David Viviano** to the Supreme Court. Judge Viviano will fill the spot that was vacated by former **Justice Diane Hathaway**, who resigned in January.

The appointment increases the “rule of law” majority on the high court to 5-2, which means most of the justices hold a philosophy of interpreting the laws as written rather than legislating from the bench. Since our model tort reform laws passed in 1993, almost every aspect of the laws has been challenged, and almost all of the Supreme Court challenges have come down to a narrow rule of law majority vote in favor of upholding them. View a chart outlining the history of tort reform court challenges at www.msms.org/tortreform.

For more information about MSMS tort reform advocacy, contact **Colin Ford** at 517-336-5737 or orcford@msms.org.

MSMS Helps Rally Support for Medicaid Expansion in Michigan

MSMS has been at the forefront of the push to expand Medicaid in Michigan. In particular, MSMS and a coalition of other organizations held a press conference recently to help urge lawmakers to expand Medicaid eligibility and bump the program's rates to that of Medicare, as proffered in the Affordable Care Act. If adopted, the expansion would cover approximately 450,000 additional lives. The federal government would pay for 100% of the cost for the first two years. After that, Michigan would pay for 10% of that additional cost.

MSMS President-elect, Kenneth Elmasian, DO, an Ingham County anesthesiologist, spoke during the press conference: “The bottom line is that everyone deserves good quality health care. As physicians, we know that those without insurance frequently delay their care and they end up sicker. Prevention, early detection, and treatment are far better prescriptions. Those in need of basic and essential health care are our

neighbors, our friends, and our family members. If we do not seize the opportunity in front of us – to expand coverage and improve access to essential health care services – we would be doing a great disservice to our state and to our patients.”

At its March meeting, the MSMS Board of Directors discussed the prospects for Medicaid expansion in the legislature, including the existence of several controversial issues such as road funding, insurance exchange funding and a claims tax shortfall that could make passage more complicated than originally anticipated. In light of the savings this legislation would bring to the state (approx. \$200 million) and the bleak alternative of possible cuts to Medicaid, MSMS will continue to raise the profile of this issue and provide physicians with resources needed to make the case with colleagues, patients, and elected officials.

Watch *Medigram* for further updates.

For more information, contact **Colin Ford** at MSMS at 517-336-5737 or cford@msms.org.

CCMS REPORT

FEMALE PHYSICIANS...

...Get marketing exposure in the community Scene Magazine. May is the **“Women In Business”** issue (*gotta move fast on this one!*). **ALL PHYSICIANS** are welcome to submit an article to the **June “Healthcare”** issue. Contact Shirley DeRuiter, 269-979-1411, ext 103, shirley@scenepub.com.

MEMBERSHIP UPDATE

As of 3/31/13, we have a total of 219 members.

First-Reading Status

Kenneth Granke, MD,
Vascular Surgery, Bronson Medical Group - Battle Creek

Keep in mind this is a membership-based organization. CCMS

encourages all current members to continue to recruit new members.

PLEASE...

...ADD CCMS TO YOUR OFFICE ADDRESS LISTS

for your important practice announcements and changes at P.O. Box 278, Battle Creek, MI 49016-0278.

...ADD CCMS TO YOUR EMAIL CONTACT LISTS

at calhouncms@yahoo.com.

...ADD CCMS TO YOUR WEBSITE FAVORITES

at www.calhouncms.org and MSMS at www.msms.org.

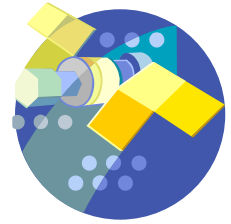
EMAILED MEETING FLYERS & NEWSLETTERS ARE RECEIVED FASTER!!!

Call the office or send an email request to Diane at calhouncms@yahoo.com.

MEMBERSHIP DUES INFORMATION

MSMS has completed mailings of 2013 dues invoices. **After March, unpaid dues members are dropped and fall into the “non-paying dues” (NPD) members.** We sincerely hope this line-item is an important part of your 2013 budget. Please note: County dues are 100% tax deductible; State dues are 85% tax deductible.

Multiple payment options include the easy GROUP BILL to the practice and/or monthly payments. *The AMA is NOT part of CCMS/MSMS.* **AMA dues are an OPTIONAL convenience** to those members who wish to join AMA and pay all of their medical membership dues on one invoice.



MSMS COMMITTEES

Committees on...

- ◆ Aging
- ◆ Bioethics
- ◆ Annual Scientific Meeting
- ◆ CME Accreditation
- ◆ CME Programming
- ◆ Health Care Quality, Efficiency and Economics
- ◆ Information Technology
- ◆ Maternal and Perinatal Health
- ◆ Medical Licensure and Discipline
- ◆ Membership Recruitment and Retention
- ◆ State Legislation and Regulations

Liaison Committees with...

- ◆ Michigan’s Public Health
- ◆ Third Party Payers

Task Forces on...

- ◆ A Patient Focused Compensation System
- ◆ Physician Extenders

NOTE LOCATION UPDATES ON GENERAL MEMBERSHIP CME MEETING CALENDAR

CALHOUN COUNTY MEDICAL SOCIETY

*** 2013 SECOND-TUESDAY MEETINGS ***

EXEC. CMTE. 5:30 P.M.: Bronson Battle Creek OPC 2NDFI Brd Rm, or Oaklawn Hosp Wright Med Bldg Garden Level Brd Rm

GEN. MEMB. 6:30 P.M.: Bronson Battle Creek Outpt Ctr 2NDFI Conf Rms 1&2, or Oaklawn Hosp Wright Med Bldg 3RD FI Clsrm

- Feb. 12 – B.C. Country Club
- Mar. 12– B.C. Country Club
- Apr. 9 – CentraCare @ Burnham Brk
- May 14 – B.C. Country Club,
- June 11 – Exec. Cmte. Only, Bronson B.C.

- Sept. 10 – B.C. Country Club
- Oct. 8 – B.C. Country Club,
HCLF Winslow Lectureship
- Nov. 12 – Oaklawn Hospital
- TBA – President’s Celebration

2013 CCMS EXECUTIVE COMMITTEE

at the
5:30
meetings...

President - William J. Comai, DO

President-elect- Gunjana Bhandari, MD

Vice President - Satya B. Chaparala, MD

Secretary / Treasurer - Sridhar Chalasani, MD

Immediate Past

President - Lokesh Edara, MD

3rd District Director - Joe Schwarz, MD

Legislative Chair—
Marjaneh Rouhani, MD

Michigan Society of
Hematology &

Oncology - Stephen L. Smiley, MD

Trustees (3-Year Terms)

Zarius Drummond, MD,
exp. 2013

Karl Loomis, MD,
exp. 2013

Christopher M. Flynn, MD,
exp. 2014

Patrick Sweeney,
exp. 2014

Maddur Badarinath, MD,
exp. 2015

Kari Formsma, MD,
exp. 2015

MSMS Delegates (1-Year Term)

Raakesh C. Bhan, MD

B. Douglas Campbell, MD

James H. Timmons, MD,
PhD

Paul A. Walk, MD

Alternate Delegates (1-Year Term)

Daniel C. Hood, MD

Jeff M. Jones, MD

Mahesh C.

Karamchandani, MD

Elkmoss Corner: “Escape from Moss State”

Medical University, I have always wanted to return to the South. The trouble is that Mrs. Elkmoss refuses to give up her northern presence. I did try to exploit a situation a couple of years ago when she took a nasty fall on the ice. Granted, I was still portrayed as an uncaring husband, but because of her fall as well as the potential proximity of the eldest Elkmoss kid (which was probably the real reason she acquiesced), she agreed to buy a vacation house in Florida. It is located at South Bay Golf and Country Club (SBGCC), three miles away from a protected Federal beach. At the end of our street is beautiful South Bay, which opens up to the Gulf. It is a great place, but I believe it is making Mrs. Elkmoss a little schizophrenic. While she loves her new house (the first and only one she has ever build and furnished completely her way), she finds it difficult to leave her Moss State home. Not only does her teaching schedule usually get in the way, she hates to miss out on many of her extended family's activities in Moss State during the year.

I, on the other hand, take every opportunity to visit our vacation house. If I schedule the trip far enough in advance, I can get cheap rates to fly round trip from Big City Airport through Atlanta to South Bay. The biggest problem is getting to Big City, about two hours away from Swampville—when the weather is good. Long ago I learned not to depend on weather in Moss State, and when I scheduled a trip in February to South Bay, I took into account possible delays. I had a 1 pm flight out of Big City and about a four-hour layover in Atlanta, leaving there at about 7 pm. My next-door neighbor in South Bay could easily pick me up and still make it to bed by 9 pm. He is getting older and likes to get

to bed early and so do I.

The day before leaving, however, the weatherman predicted a major snowstorm. Mrs. Elkmoss, who was not very happy about me going to Florida while she would be stuck in Moss State, announced that she was not going to drive me the two hours (or more) through the snow, risking life and limb. Besides, the flight probably would be cancelled anyway.

After a considerable discussion (well, me whining a lot), Mrs. Elkmoss agreed to take me to Halfway Town, and I could pick up a shuttle called the Moss State Flyer, and they would take me to the airport. I called the Flyer, and Ralph, the dispatcher took my reservation for the 9 am pickup in Half-



Elkmoss *(continued)*

way Town.

The following morning, I had to trudge through a foot of snow to pick up my newspaper at 5 am. I called Ralph (who was still at his desk) to see if the shuttle was still on time after finding out that my flight was still on schedule. He told me that my shuttle had been cancelled, but if I could make it to Halfway Town by 8:30, the 7 am bus might still be there because the weather had delayed it considerably. Knowing the reluctance of Mrs. Elkmoss to even be involved with me leaving, I rushed around and shoveled the driveway quickly. Even with the snow blower, it was quite a task to clear a path in the snow, but I got it done.

I then woke up Mrs. Elkmoss, and we were on the road by 7 am. The going was slow, but I had Ralph's number and kept calling him to check on the shuttle. We made it just in time, and in spite of all the frustrated passengers, most of whom were late or who were going to be late for their flights out of Big City, the bus driver was in jovial spirits. All along the treacherous trip to the Big City airport, he con-

stantly shared jokes and interesting stories about really big snowstorms he suffered while growing up in northern Moss State. (I was not impressed with the stories, only the animation the driver had in telling them.)

Amazingly, not only did we make it to the airport, my plane was also on schedule and I arrived in Atlanta with plenty of time for my flight to South Bay. After arriving in Atlanta, however, the weather deteriorated, and by 7 pm, they had shut down the airport. Following a few frantic calls to my South Bay neighbor and Mrs. Elkmoss, I rented a car and finally made it to South Bay by 1 am.

The next day, I was out on the golf course warming up with a lot of sore muscles. Even though it had been a harrowing experience getting down to Florida, I could not figure out why my muscles were so sore. Basically, I had been sitting in a car, bus, or airport all day long. After a few practice swings, I got into the golf cart with my neighbor and it suddenly occurred to me that the reason for my aches and pains was that a little more than 24 hours be-

fore, I was frantically shoveling snow in Moss State. My neighbor, who had not seen snow for many years, started laughing and could not wait to share my pain with the other folks in the clubhouse.

My trip back to Moss State was surprisingly uneventful, and Mrs. Elkmoss kindly picked me up at Halfway Town. About a month later, however, I received an e-mail from Moss State Flyer telling me that they were going to reimburse my credit card since they had cancelled my shuttle during the snow storm. I quickly replied that not only had they given me a ride on the earlier bus, and even held it up so I could get on it, the driver as well as Ralph should be awarded the Nobel Prize for bus driving for their conduct under such adverse conditions.

When I last checked, they still had not charged me for the trip, but they continue to receive plenty of favorable advertisement from me (for what it is worth).



*Herman J.
Elkmoss,
MD*

NOW TWO ELKMOSSES BOOKS:

In June, **Further Adventures of Herman J. Elkmoss, MD**, was released.

The original book, **The Marvelous Adventures of Herman J. Elkmoss, MD**, can be purchased directly from PublishAmerica or through Amazon or Barnes & Noble online. (E-book versions will soon be available as well.)

Enjoy the antics, comedy, and physician education and experiences. Great as short reading or as a gift. Contact **Jeff Jones, MD**, to acquire your copies locally!

CALHOUN COUNTY MEDICAL SOCIETY

Since 1839

PO Box 278
Battle Creek, MI 49016-2078

Phone Messages / Fax:
269-660-0893
Email: calhouncms@yahoo.com
Diane Cummins, Executive Director

Articles submitted and opinions expressed in *The Bulletin* are **views of the writer and not necessarily those of Calhoun County Medical Society**. Articles must have author's signature, address and phone. They can be sent to Calhoun County Medical Society at the address above.

NEWSLETTER DEADLINE:
The 20th day of each month prior to published month.

A Nonprofit Physician's Professional Organization

BIOGRAPHY: A Society is a group of professionals with a common trade that offers networking and referrals, professional development and educational opportunities. The medical society offers enhanced services at the county level, guided by the professional state level. Calhoun County formed one of the earliest medical societies in the state of Michigan in 1839; Michigan State Medical Society formed in 1866.

MISSION STATEMENT: The purpose of the Calhoun County Medical Society / Michigan State Medical Society is to offer opportunities for networking, leadership and mentoring, grassroots medical legislative involvement, continuing medical educational needs along with personal and professional support services at the county, state, or national levels.

**VISIT OUR WEBSITE...
www.calhouncms.org**

SEND US YOUR NEW EMAIL ADDRESS for faster notifications

OTHER RELATED WEBSITES:

- http://www.msms.org
- http://www.mdpac.org
- http://www.michmgma.org
- http://www.bronsonbattlecreek.com
- http://www.oaklawnhospital.org
- http://www.sw-rehab.org
- http://www.hclfonline.com
- http://www.calhouncancer.org



**Get Ready,
Get Set,
GET YOUR
COLON
ROLLIN'**

**Colon Cancer Awareness
5K Run/Walk**

JUNE 1ST, 2013

Bailey Park in Battle Creek

Race Day Events

- 7:00 am Registration tables open
- 8:30 am 5K Run Starts
- 8:45 am 5K Walk Begins
- 10:15 am Awards Ceremony

Race Information

- Fees \$25 if registered on or before 5/18/13 after that registration is \$35
- Course 5K Run/Walk on the Linear Park Path
- Awards 1st Place overall male and female
1st, 2nd, & 3rd place in each division

Call Jenny Rogers, 5C Program Coordinator, at 269•720•6814, or visit www.calhouncancer.org.